

**Free stop smoking support available  
here.**

**To book an appointment please ask at  
reception, or ask to speak to the stop  
smoking adviser.**



When you're ready to go smokefree, give us a call.  
0300 123 1220 or text 'Quit' to 87023.  
[www.kenthealthandwellbeing.nhs.uk](http://www.kenthealthandwellbeing.nhs.uk)